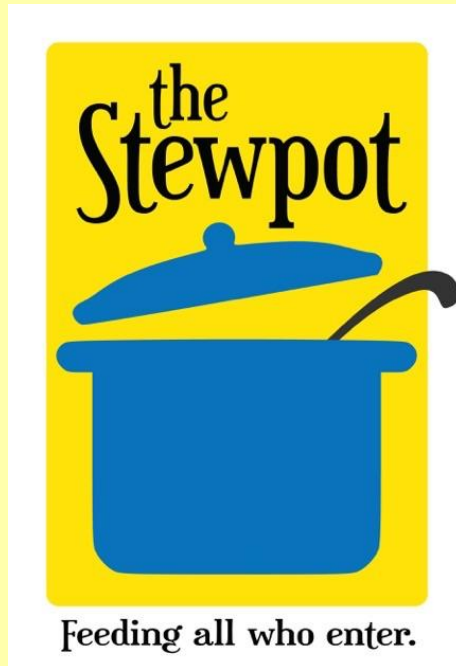


From: Little Rock Stewpot chfrith@mac.com
Subject: Little Rock Stewpot July 2017 Newsletter
Date: June 14, 2017 at 3:58 PM
To: chfrith@sbcglobal.net



Stewpot Newsletter July, 2017

Stewpot Officers - 2017

Chairperson - Charlie Frith
Vice Chairperson - Mary Jane Cheatham
Secretary - Ellen Russell
Treasurer - Roberta Saxon

Stewpot Committees - 2017

Volunteer Chairperson - Jan Van Ness
Special Events - Kay Shurgar
Manager - Nancy Rorex
Day Manager - Ed Brown
Communications - Charlie Frith

Churches Serving at Stewpot

I recently emailed a query asking Stewpot Volunteers to email me the church they were associated with so we could develop a list of churches participating at Stewpot. The list of churches is shown below. If your church is not in the list or is listed incorrectly, please email me and let me know. (chfrith@mac.com).

Churches Serving at Stewpot

Asbury United Methodist
Christ Community
Christ Episcopal
Church at Rock Creek
Elkins Federated Presbyterian (Elkins, AR)
Faithspring
Fellowship Bible
First Church of the Nazarene
First Presbyterian
First Presbyterian of Lonoke
First United Methodist Church of Little Rock
First United Methodist Church of Maumelle
Grace Presbyterian
Immaculate Conception Catholic (North Little Rock)
Jacksonville First Presbyterian
New Life Church
Our Lady of the Holy Souls Catholic Church
Park Hill Presbyterian
Pleasant Valley Church of Christ
Pulaski Heights Presbyterian
Pulaski Heights United Methodist
Roman Catholic Cathedral of St. Andrew

Second Presbyterian
St. James United Methodist
St. John Missionary Baptist
St. Luke's Episcopal, North Little Rock
St. Marks Episcopal
St. Peters Episcopal (Conway)
Temple B'nai Israel
Trinity Episcopal Cathedral
Trinity Presbyterian
Westminster Presbyterian
Westover Hills Presbyterian

Stewpot Receives a \$3,500 grant from AMIC's Holding Company, Constellation

The Little Rock Stewpot recently received a \$3,500 grant from Constellation (Arkansas Mutual Insurance Company's Holding Company). Joyce Wilson, an employee of Arkansas Mutual, was instrumental in Stewpot receiving the grant. Joyce is a member of the Pleasant Valley Church of Christ, and a volunteer for the Stewpot's 1st Wednesday team. Arkansas Mutual provides medical malpractice insurance to Arkansas physicians, hospitals and healthcare facilities. Constellation is a holding company providing support to regional medical malpractice insurance companies, including Arkansas Mutual, across 17 states. Constellation GIVE Committee recently awarded \$65,000 to employee nominated charities in those 17 states. The amount of

contribution to each organization was based upon several factors, including employee involvement, humanitarian appeal, impact on the community and how the money will be used.

Non-Profit Qualifications

In order to be considered for distribution of funds, the following criteria must be met:

- The employee must be involved in the organization or be able to describe how the organization has impacted them or their family.
- The organization must be a 501 c(3) charitable, non-profit organization.
- The organization must have a broad-based humanitarian appeal.
- The organization must be local or a local affiliate of a national organization.
- The organization must be located within the Constellation service area.
- The organization must not receive the majority of their funding from large corporations, Medicare/Medicaid and/or government grants.
- Funds should not be earmarked for activities that are religiously oriented.

A Special "Thanks" to Joyce Wilson for her perseverance in convincing Constellation's (Arkansas Mutual holding company) Annual Contribution Drive that the Stewpot met all of the qualifications to receive the grant.





Joyce Wilson presents a check for \$3,500 to Charlie Frith, Chairman of the Stewpot Board.

Stewpot Receives Grant from Arkansas Hunger Alliance to buy a New Ice-maker for Stewpot





Ed Brown, Stewpot Day Manager and Charlie Frith, Chairman of the Stewpot Board, receive a check for \$2000 from Arkansas Hunger Alliance (Caitlan Richard and Patty Barker).





Stewpot New Ice-maker

Fleet Feet Easy Runner Delivers Again



Fleet Feet Easy Runner has been collecting shoes for Stewpot for the past year. Every couple of months I receive an email from them saying that I can come pick up shoes. In June they also had a bag of socks and a bag of women's bras.





Barbara, Ken and Carl with Shoes

Pulaski Heights United Methodist Fifth Tuesday Team





Ken helps the Fifth Tuesday Team by making a fresh salad with romaine lettuce and fresh tomatoes and his own special salad dressing made with olive oil, cider vinegar and Italian seasoning blend.



Pan Liners for Roaster Pans

A number of Stewpot Teams are using pan liners for the large roasters. Water is added to the roaster and then the liner is placed in the roaster overlapping the sides. Then the food is added to the roaster. When Stewpot is over, the liner is picked up and dumped into the trashcan. The roaster pan is completely clean and requires no further cleaning.

The liners, which come in packages of 50, cost approximately \$1.00 per liner (\$60 per package of 50 with taxes). They do not have to be used on everything, i.e., hotdogs. The Stewpot would like for all of the teams to use the liners if they so desire. Stewpot will pay for the liners, and Ed has agreed to purchase the liners as needed. If you would like to make a contribution toward the cost of the liners, make your check payable to Stewpot and enter **Stewpot Liners** in the Memo Section. Send your check to:

Stewpot
First Presbyterian Church
800 Scott Street
Little Rock, AR 72201

Clothes Closet

*"I needed clothes and
you clothed me."*

Matthew 25:38

Plea from the Clothes Closet

Our shelves intended to house men's shoes are bare (except for sizes 7 and 8). It is rare to have a client request one of those sizes. This situation has become dire! So please, if you have any gently worn men's athletic shoes and/or sandals, give them a new temporary home at the Clothes Closet. They won't stay here long before they walk out the door and make somebody very happy!!!

Thanks!

Barbara

Stewpot Holidays

New Year's Day

Martin Luther King Day

Good Friday

Memorial Day

Independence Day (4th of July)

Labor Day

Thanksgiving

Friday after Thanksgiving

Christmas Eve

Christmas Day

Does Your Team need Additional Workers



If you are a Captain of a Stewpot Team and need additional workers for your team (either temporary or permanent), please contact Jan Van Ness (by telephone 680-3739 or email jvanness8@gmail.com).

Stewpot Video

To See a short video about the Stewpot, click on the photo below.



Little Rock Stewpot

Make a Donation to Stewpot



Your donations to The Stewpot have helped us feed the hungry for the past 40 years. Thanks to your support, we are able to supplement our allocations from Potluck, Rice Depot and other food banks with needed milk, canned and fresh food

Please send your donations to The Stewpot - Little Rock, 800 Scott Street, Little Rock, AR 72201.

Check out our Website

<http://stewpot-littlerock.org>